

FOOD AND BEVERAGE STANDARDS

List of Permissible Drinks

- Still Water.
- Fresh white milk, preferably local.
For **Primary and Secondary school pupils** -
containing:
not more than 2.5% total fats.
- Oat, rice, barley and other cereal drinks with
not more than 2.5% total fats, 1.5% saturated
fat and 10% total sugars.
- Combinations of milk, yoghurt and fruit with
not more than 2.5% total fats, 1.5% saturated
fat and 10% total sugars.
- Hot tea with no added sugar and served in an
insulated cup with lid.